

KPSC Syllabus for the post of Professor in Pachakarma
(Ayurveda) (Paper - II)

Syllabus

1. Panchakarma Siddhanta

- a. Detailed Knowledge of Shadupakramas and relation of Shodhana with it.
- b. Detailed understanding of Purvakarma, Pradhanakarma and Paschatkarma.

2. Clinical Application of Panchakarma

- a. Clinical Utility of Shodhana Therapies (Vamana, Virechana, Basti, Nasya & Raktamokshana) in different stages of diseases.
- b. Clinical application of Shodhana Karmas in different Srotogata Vikaras.
- c. Applied aspect of Various Vaman & Virechana Yogas in Various disease conditions.
- d. Clinical Utility of different Basti Kalpas in different diseases.
- e. Utility of individual Shodhana Karma in different Systemic Diseases.
- f. Clinical Application of Infra Red therapy, Short Wave Diathermy, Tense, Ultra Sound, Magnetic Therapy & Traction in different stages of Diseases.
- g. Detailed Clinical Application of Bahir parimarjana Chikitsas like, Abhaynga, Udwartana, Murdhni Tailas, Different Pinda swedas etc.

3. Researches in Panchakarma

- a. Clinical Parameters to assess Samyak Snigdha & Swinna Lakshanas
- b. Clinical Parameters to assess Samyak Shuddhi of Vamana, Virechana, Anuvasana, Niruha Basti, Nasya & Raktamokshana.
- c. Application of Shodhana Karmas with respect to Various Biochemical changes.
- d. Recent Advance in Panchakarma Instruments.
- e. Latest research updates and research areas in Panchakarma.