

KPSC EXAM SYLLABUS FOR THE POST OF

PROFESSOR (AYURVEDA)-SWASTA VRITTA

(Paper-II)

Syllabus :

The written examination will be conducted Paper- II

1. Spectrum of health Iceberg phenomenon of diseases, dimensions of health .
2. Probable Physiologic effect of Dinacharya procedures.
3. Ritus prevalent in various Indian states and Asian countries.
4. Principles of dietetics, balance diet for healthy adult adolescent, elderly people, pregnant ladies and lactating mothers . Co-relation with concept of Ahara in Ayurvedic classics.
5. Mental health and role of ayurveda in it.
6. Vyadhikshamatva – Modern and Ayurvedic concepts & its efficacy and need in today's life.
7. Concept of prevention according to modern medicine, analysis of the concept through Ayurveda .
8. Disposal of waste- Refuse, sewage, methods of sewage disposal in sewered and un-sewered areas.
9. Occupational health – Ergonomics, role of Ayurveda in ESI.
10. Old age problems in community , Role of Ayurveda in Geriatrics, care of disabled.
11. Life style disorders (Non communicable diseases) in community and the role of Ayurveda in them.
12. Modern concept of epidemiology, critical evaluation of Janapadodhwamsa.
13. Health administration for Indian Systems of Medicine, fuctions and programmes.
14. Yoga in Ayurveda Physiological and therapeutic effect of Yoga on body and mind, concept of moksha, tools for moksha, naishthikichikitsa, tatvasmriti, satyabudhi, yoginam balamaishwaram.
15. Concept of of sthula sukshma and karana shariras, and concept of panchakoshas and shad chakras.
16. Different types of massage and their therapeutic effects.
17. Concept of acupuncture and Acupressure.
18. Principles of naturopathy and magneto therapy.